

Therèsa Luyt

ACCREDITED MEDIATOR · CONFLICT CONSULTANT · CANDIDATE ATTORNEY

A mediation-only practitioner since 2016, NABFAM and DiSAC accredited, a NABFAM-recognised accreditation assessor, and co-founder of the ADR Court Project.

EDUCATION AND TRAINING

1998	B.Proc, University of the Free State
2004	CFP — Certified Financial Planner, University of the Free State
2014	Life and Communication Coaching, ILS Coaching
2016	Divorce & Family Mediation, Law of Family Mediation & Psychology for Family Mediation, FAMSA
2019	40-hour Divorce Mediation, Social Justice Foundation
2019	Restorative Justice Practitioner, Social Justice Foundation
2025	RAF Mediation Specialist Training, Conflict Dynamics

ACCREDITATION AND MEMBERSHIP

- NABFAM accredited mediator (2020), Social Justice Foundation
- DiSAC accredited mediator (2026)
- NABFAM recognised accreditation assessor
- Social Justice Association of ADR Practitioners (SJA) (previously known as the Social Justice Association of Mediators) — membership no. 1058/2020
- Candidate attorney — Legal Practice Council

FIELDS OF EXPERTISE

- Family & divorce mediation
- Civil, commercial & workplace facilitative mediation
- Transformative mediation
- Personal injury & Road Accident Fund (RAF) mediation
- Restorative justice (criminal) mediation

EXPERIENCE

- Mediator and ADR practitioner — mediation-only practice since 2016; more than 400 matters mediated
- NABFAM accredited mediator since 2020; DiSAC accredited mediator since 2026
- NABFAM recognised accreditation assessor
- Co-founder, the ADR Court Project (ACR Community NPC, 2024/21555/08) — launched in 2023 at the Children's Court, Protea Soweto, and extended to the Children's Court, Johannesburg Central, in 2024
- Mentor and programme facilitator, Alternative Conflict Resolution (Pty) Ltd NABFAM accredited supervision and mentorship programme — mentoring newly trained mediators towards NABFAM certification
- Speaker — webinars and in-person training on conflict management and ADR
- Trainer — teacher training on conflict management and ADR, in collaboration with ProBono.Org
- Best Mediation Contribution award, ProBono.Org, 2024
- Vice Chair, Social Justice Association of ADR Practitioners (SJA), 2022–2025
- Candidate attorney, currently completing vocational training

HIGH COURT MEDIATION PROTOCOL COMPLIANCE AND RMO

- NABFAM accredited family and divorce mediator, and DiSAC accredited personal injury and RAF mediator
- RMO — Social Justice Association of ADR Practitioners (SJA) (previously known as the Social Justice Association of Mediators), membership no. 1058/2020
- Gauteng High Court Court-Annexed Mediation — qualified; registration: Theresa Luyt, GPP Directory

Information required for the Rule 41A amplified notice

THERÈSA LUYT

Set out for a legal representative to copy into an amplified notice in terms of Rule 41A of the Uniform Rules of Court.

1 Qualifications and skillset

- 1.1 Therèsa Luyt is a trained and accredited NABFAM (National Accreditation Board of Family Mediators) family and divorce mediator and DiSAC (Dispute Settlement Accreditation Council) personal injury and RAF accredited mediator.
- 1.2 She is a member of the Social Justice Association of ADR Practitioners (SJA) (previously known as the Social Justice Association of Mediators), in good standing.
- 1.3 Her academic qualifications include B.Proc and CFP.

2 Location

Johannesburg, Gauteng, South Africa

3 Format of mediations

Online or in person

4 Contact details

- 4.1 Tel: 010 980 5160
- 4.2 E-mail: theresa@adrlaw.co.za

5 Recognised Mediation Organisation (RMO) in terms of the Gauteng High Court Mediation Protocol

- 5.1 Social Justice Association of ADR Practitioners (SJA) (previously known as the Social Justice Association of Mediators).

Current as at 25 September 2026. The latest version is at www.adrlaw.co.za/profile/theresa-luyt/.